



FREE ONLINE WORKSHOPS FOR OUR REDBRIDGE PARENTS

We are back!

Redbridge Educational Wellbeing Team (REWT)



REWT are continuing to deliver **free ONLINE** workshops to parents in Redbridge.

This term we are offering two workshops

1. Understanding and supporting bereavement and loss
2. Listening to the voices of our Redbridge parents

Please register your attendance by either scanning **the QR code** with your smart phone or visiting our **website**:

<https://www.redbridge.gov.uk/schools/educational-psychology-service/>

There are limited spaces for this session.

Understanding and supporting bereavement and loss



During this session we will explore the **difference between bereavement and loss**, the psychology behind the **grieving process** and **how you can support yourself and others** during these difficult times.



Date: Friday 21st May 2021

Time: 1pm-2:30pm



There are limited spaces for this session

This session will entail an **introduction to the role of an Educational Psychologist** and how we support families and schools. Followed by a **safe space** for parents to share any **worries, concerns or to ask questions**. This will also provide you with a space to **connect with other Redbridge parents**.

Listening to the voices of our Redbridge parents



Please come with some questions in mind. It would be great if you could email us your questions beforehand at **REWT@redbridge.gov.uk**



• **Date: Tuesday 11th May 2021**

• **Time: 7pm-8pm**

Twitter: Redbridge_aep
Email: REWT@redbridge.gov.uk